

Maricopa High School 2019-2020

RAM NATION

The MHS vision is to provide a safe, respectful, and inviting educational environment for students, staff and stakeholders.

Week 3- MHS Principal Update

We have had another productive week here at MHS. Student and staff are settling into the new school year. Teachers are providing engaging thought provoking lessons and students are working hard. If you do not have access to ParentVue please visit our front office to receive an activation code. With ParentVue access you are able to track your students progress in his/her classes. Student progress reports will come out on August 23rd. Parent teacher conferences will take place on September 9th from 5-7pm.

MHS Site Council meeting will take place on September 16th at 6pm in the library. Site council is an opportunity for parents to join us in making decisions for our campus. We would appreciate your participation. This first meeting will set our agenda for department and club presentations for the year.

Homecoming preparations are under way. We will share details of the weeks events soon. The homecoming game is on September 13th.

It is important that your students attend school everyday. We are already noticing that student attendance is becoming an issue for several students. If your student is not able to come to school for an illness please contact the office through email at mhsattendance@musd20.org or by calling 520-568-8102.

A message from:
Principal Winter

Health Office

Please ensure your student has plenty of water for the school day and are educated on the effects of heat. Formula for water consumption daily is: **Your body weight, divide in half, and that is how many ounces of water your body requires on a DAILY bases to maintain hydration.** If you exercise outdoors or spend time outside in the heat, that consumption goes up. For every 20 minutes you need an additional 8 ounces (1 cup) of water added to your baseline. In addition, you should consider adding electrolytes to the water to replace sodium, potassium and other vital electrolytes that are lost through sweating.

Please know that the most intense sun rays is 10am-3pm. Encourage your students to bring a hat, sunglasses, and a light colored long sleeve shirt to school to wear when outside, especially if they are a walker.

Counseling contacts:

Freshman Counselor

Mr. Mark Lavit

mlavit@musd20.org

520-568-8100 x4098

<http://www.calendly.com/mlavitl-1>

Sophomore Counselor

Mrs. Deana Paine

dpaine@musd20.org

520-568-8100 x4094

<http://www.calendly.com/dpaine-1>

Junior Counselor

Mr. Larry Veltrie

lveltrie@musd20.org

520-568-8100 x4096

<http://www.calendly.com/lveltrie>

Senior Counselor

Ms. Vanessa Stone

vstone@musd20.org

520-568-8100 x 4095

College & Career Counselor

Mrs. Bernadette Russoniello

brussoniello@musd20.org

520-568-8100 x4218

<http://www.calendly.com/brussoniello>

**A message from:
Counseling**

Upcoming Dates and Deadlines

Important Dates

Mondays- counselors available outside during all lunches for student questions and guidance

August 9 - LATE order deadline for August 24 SAT on MHS campus

August 20 - CAC Connect launches (weekly CAC advising on campus Tuesdays)

August 24 - SAT at MHS, report 7:45 am to Lecture Hall; register online www.sat.org (fee waivers available for seniors with free/reduced lunch)

August 30 - Link Crew sponsors the Freshmen Frenzy, football tailgate from 5-6 pm; freshmen in attendance receive FREE entry to football game

MHS has a new mental health counselor, Lynette Nelson. Ms. Nelson has more than 30 years of counseling experience and is excited about working with our students. If your student is experiencing stress or other concerns, please encourage them to make an appointment with Ms. Nelson. She is on campus Monday through Friday and can be reached at lnelson@musd20.org

Athletics

August 16th - Varsity Football Scrimmage vs Notre Dame @ Home @ 6:00

Boys Swim, Girls Swim, Boys Golf, Girls Golf, Boys Cross Country, Girls Cross Country and Volleyball begin on August 12th.

Athletic physicals and register my athlete link are on the MUSD website. MUSD20.org - Select Maricopa High School, Athletics.

All athletes must be registered online @ registermyathlete.com. All documents need to be completed AND uploaded. Once completed come to the athletic office for your clearance card. Contact Christy Trujillo in the athletic office for more information. Athletic Office hours are 6:30- 3:00.

For updates on all MUSD Athletic programs follow us on Twitter at @MaricopaAthlet1. All athletes must have all documents completed and be registered online @ registermyathlete.com and get their clearance card prior to tryouts. Contact Christy Trujillo in the athletic office for more information.

**A message from:
Athletics**

Campus Happenings.....

Homecoming Dance

When: 9/14

time: 6pm-10pm

Where: New Gym

Ticket Prices:

8/26-8/30 \$7

9/3-9/6 \$10

9/9-9/13 \$15

Dress code:

Semi-formal

Students will not be allowed to wear heels and dress shoes on the gym floor. Shoe check will be available

Guest passes are found in the office and are due by Wednesday, September 11

**A message from:
Activities**



Doors open at 6 pm for ticket holders and 7 pm for at the door sales
Student ID is needed for purchase and for entry to the dance
Theme is "Lights, Camera, Action!"

A message from:

Discipline

Please check the website for the policy on student ID badges. Students must wear them every day on campus. Also, please check the website for the policy on skateboards/scooters brought to campus. The student dress code is also listed in the student handbook, please make sure your child is dressed appropriately for school.

Reminder about student drop off and pick up- Student drop off/pick up is not allowed outside of the front office unless special circumstances. Students will be able to be dropped off and picked up at the east end of the parking lot off of Honeycutt and Taft, or you may use the student parking lot.