

Maricopa High School 2019-2020

RAM NATION

The MHS vision is to provide a safe, respectful, and inviting educational environment for students, staff and stakeholders.

Week 4

Week 4 is in the books. This week our Sophomore and Junior English classes had the opportunity to listen to a Native American Story Teller brought to us through a professional development opportunity that Mrs. Mount attended this summer. Students were respectful and appropriate during the presentation.

I met with the Seniors this week regarding their senior year as well as our expectations and opportunities for them this year. I spoke to them about being leaders on our campus and continuing with the good reputation they have on campus. Our College and Career Coordinator and their senior counselor also spoke about planning for the future starting NOW. Next week I will meet with the junior class.

Progress reports are due next Friday. Teachers will post their grades by Friday afternoon and they will be available to you on ParentVue at that time. We will not be printing progress reports, only quarterly reports. If you do not yet have ParentVue please contact/stop by our front office to sign up for it. Students each have a StudentVue account where they can check their grades at any time as well.

MHS Site Council meeting will take place on September 16th at 6pm in the library. Site council is an opportunity for parents to join us in making decisions for our campus. We would appreciate your participation. This first meeting will set our agenda for department and club presentations for the year.

Health Office

Please ensure your student has plenty of water for the school day and are educated on the effects of heat. Formula for water consumption daily is: **Your body weight, divide in half, and that is how many ounces of water your body requires on a DAILY bases to maintain hydration.** If you exercise outdoors or spend time outside in

A message from:
Principal Winter

the heat, that consumption goes up. For every 20 minutes you need an additional 8 ounces (1 cup) of water added to your baseline. In addition, you should consider adding electrolytes to the water to replace sodium, potassium and other vital electrolytes that are lost through sweating.

Please know that the most intense sun rays is 10am-3pm. Encourage your students to bring a hat, sunglasses, and a light colored long sleeve shirt to school to wear when outside, especially if they are a walker.

Upcoming Dates and Deadlines

Upcoming Dates and Events

August 20 - CAC Connect Grand Opening

August 24 - SAT @ MHS

August 30 - Link Crew sponsors the Freshmen Frenzy, football tailgate from 5-6 pm; freshmen in attendance receive FREE entry to football game

September 9 - Parent Teacher conferences 5:00 - 7:00 pm

September 16 - College & Career Roadmap - details coming soon

September 16 - NCAA/NAIA Information Night - details coming soon

September 17 - College and Career Expo October 16 - PSAT/NMSQT

MHS has a new mental health counselor, Lynette Nelson. Ms. Nelson has more than 30 years of counseling experience and is excited about working with our students. If your student is experiencing stress or other concerns, please encourage them to make an appointment with Ms. Nelson. She is on campus Monday through Friday and can be reached at lnelson@musd20.org

**A message from:
Counseling**

Athletics

Friday August 23rd

Varsity Football @ McClintock @ 7:00

Saturday August 24th

JV Football vs Bishop Alemany (Los Angeles) @ Higley @ 3:00

Last day to be cleared for Swim and Cross Country is August 23rd.

Athletic physicals and register my athlete link are on the MUSD website. MUSD20.org - Select Maricopa High School, Athletics.

All athletes must be registered online @ registermyathlete.com. All documents need to be completed AND uploaded. Once completed come to the athletic office for your clearance card. Contact Christy Trujillo in the athletic office for more information. Athletic Office hours are 6:30- 3:00.

For updates on all MUSD Athletic programs follow us on Twitter at @MaricopaAthlet1. All athletes must have all documents completed and be registered online @ registermyathlete.com

**A message from:
Athletics**

and get their clearance card prior to tryouts. Contact Christy Trujillo in the athletic office for more information.

Campus Happenings.....

Homecoming Dance

When: 9/14

time: 6pm-10pm

Where: New Gym

Ticket Prices:

8/26-8/30 \$7

9/3-9/6 \$10

9/9-9/13 \$15

Dress code:

Semi-formal

Students will not be allowed to wear heels and dress shoes on the gym floor. Shoe check will be available

Guest passes are found in the office and are due by Wednesday, September 11

Doors open at 6 pm for ticket holders and 7 pm for at the door sales

Student ID is needed for purchase and for entry to the dance

Theme is "Lights, Camera, Action!"

A message from:
Activities

Please check the website for the policy on student ID badges. Students must have wear them every day on campus. Also, please check the website for the policy on skateboards/scooters brought to campus. The student dress code is also listed in the student handbook, please make sure your child is dressed appropriately for school.

A message from:
Discipline

Reminder about student drop off and pick up- Student drop off/pick up is not allowed outside of the front office unless special circumstances. Students will be able to be dropped off and picked up at the east end of the parking lot off of Honeycutt and Taft, or you may use the student parking lot.